



...Hoad Hill Harriers...



CHARTER 5K & 1mile Fun Run
Wednesday 4th September 2019

Fun run; 6.15 - 5K; 6.45

...PERMIT tbc...

Prizes for first 3 in male and female and vet categories.

Team prizes (**CORRECT CLUB VESTS TO BE WORN**) for male and female – first 3 to count.

Medals for all finishers and medals for fun run finishers

5k minimum age 12

Fun run under the age of 8 must be accompanied by an adult

Postal entries to: Ulverston Charter 5k,

GSK Sports Club, North Lonsdale Road, Ulverston, Cumbria, LA12 9DR –

CHEQUES PAYABLE TO GSK HOAD HILL HARRIERS

Closing date: Wednesday 28th August 2019.

On line entry available via www.ukroadraces.info and www.hoadhillharriers.co.uk

ENTRIES on the day from 5.30pm in the Sports Hall –

PRE – ENTRY: £5 EA CLUB RUNNERS £7 Non EA CLUB RUNNERS,

On the night-extra £2 entry,

FUN RUN £2

Sponsored by Pete Bland Sports, GSK, Steven Martin Associates



...Glaxo Hoad Hill Harriers...



.....5k entry form.....



NAMEDOB AGE.....

ADDRESS

PHONEMALE/FEMALE

ENGLAND ATHLETICS REG. NUMBER

REGISTERED CLUB

I agree by entering this race that I am over 12 years old (5k) and that I am medically fit to run and shall ensure my personal safety and of my fellow competitors and road users. I agree that the organisers are not responsible for my safety.

“You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category.”

SIGNED

DATE